

feels it is easier to mould children and give them the education that is needed to live life. Life is a gift made more precious when shared with others and she shares hers.

Coping with clay is an art. Mashing it is not easy, but it's worth the effort as it brings out different dimensions in a person. Perseverance, Patience, concentration, power, focus at work, dedication, experiential learning and skill are the outcome of clay-play.

One learns Time Management as clay becomes brittle and difficult to mould, if time exceeds. Pottery teaches eye-hand coordination, as also dexterity. Although she was born left-handed, she is now ambidextrous, thanks to pottery. One's creativity is enhanced as with one's imagination and ingenuity, it can work wonders and sustain one to be self-motivated. Pottery being a great stress buster, should be included in the curriculum in educational institutions and the corporate, opines Malini.

Obese people can also use clay to keep trim. It has no side effects as it is a natural resource. She says that she was obese after she conceived, but working with clay helped her reduce and keep fit.

As a holistic healer, Malini uses clay to heal. Diarrhea can be stopped in just 20 minutes by applying processed clay on one's stomach as it removes all toxins and impurities from the body. High quality processed clay can also be used as an alternate to soap while bathing as it cleanses the skin and makes it glossy, being pure without any chemicals. It is nature at its best. Malini considers this natural resource as precious as gold but unfortunately, it is taken for granted.

Most of Malini's intuitions come from her study of Reiki and she has opened up to several avenues when in the flow with Reiki.

It is worth mentioning that she has formed a Public Charitable Trust: 'The PALM'. The Trust plans a facility for special children, the purpose being to give their parents some solace such that they die in peace with the hope that there is someone to look after their wards after their death.

To take care of these special children, the Trust needs a piece of land where they can be housed and taken care of for their lifetime. She is hopeful that some kind-hearted soul will reach out and provide this much needed resource. She has offers from friends to erect structures and volunteers to help.

